



2024-25

ANNUAL REPORT



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/navprabhuti

ABOUT US

Nav Prabhuthi Trust (NPT) is a registered vocational skills training centre for young adults with autism and other intellectual developmental disabilities. The Centre was started in the year 2013 and has been successfully training its beneficiaries in various vocational and life skills.

BUILDING SELF-SUFFICIENCY AMONG INDIVIDUALS WITH AUTISM



TRAINING

We train students above the age of 18 in multiple vocational skills in textiles, tailoring, paper & technology.



EMPOWERMENT

We provide entrepreneurship programs to mothers to help improve their economic conditions.



PRODUCTS

Our hand made products are well appreciated and received by the community.

BOARD OF TRUSTEES

- **V.G. Raman**, Managing Trustee
- **Jayashree Ramesh**, Trustee
- **Jyoti Rajappa**, Trustee
- **Sathyamadhava L.V.**, Trustee
- **Sethuraman Ramaswamy**, Trustee
- **Chetan Prabhakar**, Trustee
- **Mahendra Pyati**, Trustee

SERVICES

Vocational Skills Training

- Block Printing on fabrics
- Greeting cards
- Stitching cloth bags
- Diya painting and embroidery
- Data Entry

Life Skills Training

- Communication Skills
- Money Management
- Independent Living

Respite Care

WHAT IS AUTISM?

Autism is primarily a neurological disorder that affects the functioning of the brain. It is a complex condition that causes impairments in social interaction and development of language and communication skills combined with rigid, repetitive behaviours & body movements (hand flapping, rocking).

According to the latest diagnostic criteria from DSM 5, autistics have impairments in social communication and have fixated/restrictive interests.

According to a study in 2018 (Gulati et al, 2018), the prevalence of autism in India is about 1 in 89. Awareness about the condition seems to have improved with increased knowledge about autism among the medical community, educational institutes and the general public.

Individuals with autism hold potential for employment but there are some challenges:

- **Lack of vocational training centres in India:** There are only a handful of vocational training centres in Bangalore which cater to all intellectual disabilities and even lesser particularly to train individuals with autism.
- **Lack of vocational training initiatives and ideas:** There is a need for developing new products according to the demands of the market. This includes developing new methods of creating products and maximise the potential of what the individual can create. This requires expert advice and manpower training.
- **Training is expensive:** Vocational training is expensive as it often needs one-on-one training, certified Special Educators and long durations of training.

Nav Prabhuthi Trust aims to build skills and empower individuals with autism to become independent and self sufficient.

ACTIVITIES

The year started off with student training activities composed of vocational skills training and life skills training.

The vocational skills taught were:

- Hand Block Printing
- Tailoring
- Making paper bags
- Embroidery
- Painting : Greeting cards, canvas painting and diya painting
- Computer skills: Data entry, typing etc.

The life skills taught were:

- Communication
- Time management
- Money Management
- Personal hygiene and grooming
- Yoga and sports
- Independent Living

BLOCKPRINTING

Block printing is one of the major vocational skills training activity at Nav Prabhuthi. The students are at various levels of proficiency.



COMPUTER SKILLS TRAINING

Computer skills training is another vocational skill activity at Nav Prabhuthi. The students are taught data entry and basic designing.



SPORTS TRAINING

Keeping in mind the health of our trainees, sports training was started to build strength, improve cardiovascular health and maintain an ideal weight. Mr. Sandeep, our sports trainer conducted the sessions once a week.



ASSISTED LIVING TRAINING

To promote independence, trainees were taken to Florence Home, a separate unit with a fully equipped kitchen to learn cooking, cleaning and perform activities with a level of independence.



OFFSITE ENGAGEMENTS

The works of our trainees were displayed at various offices of corporate companies, institutions and community centres.

- Lulu mall - exhibition
- Deloitte - awareness initiative
- Jain College - awareness initiative
- CapGemini - awareness initiative
- JLL - awareness initiative
- MES Grounds - exhibition



OUR PRODUCTS



**NAV PRABHUTHI
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